

LISTEN UP

lesson guide

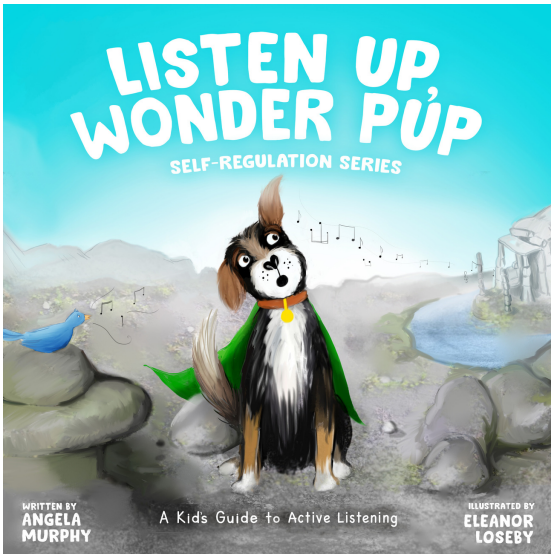
A grownup's guide to supporting children and youth with regulation skills.

(this curriculum is to be used after you have read the Wonder Pup books)



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for teaching
active listening



HAVE FUN! PLAY GIVES CHILDREN A CHANCE TO PRACTICE AND MASTER NEW SKILLS.

Wonder Pup Museum: Player 1 is the curator
Player 2 (or more) is the statue

The curator turns around with their back to the child/ren. When the curator turns around, the children need to act out or freeze into one of the actions that they should not be doing for Active Listening.

For example:

STOP: could be moving around

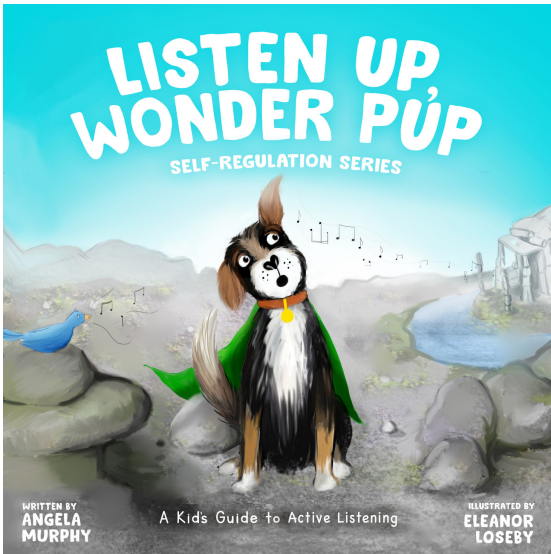
LOOK: covering eyes

LISTEN: covering ears

QUIET: making noise

The curator walks around slowly and takes note, talking through what they see out loud and then chooses a child to be the curator.





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**DO: CREATIVITY IS
INTELLIGENCE HAVING FUN!**

Use the Listen Up graphic organizer.

Follow the prompts. If the child cannot write you can scribe for them. The actions: STOP, LOOK, LISTEN, QUIET can go in any square (there is no specific order). Have the child to draw each action.

Ask the child to share with and teach a grownup in their home.



Write and/or draw the 4 actions to Active Listening:

1	3
2	4

Draw
yourself
here.

